

feed your soul

Pamper yourself at Trump Taj Mahal's Health Spa & Fitness Center, where your personal sanctuary is waiting for you! Get away from your daily routine and enjoy invigorating massages, relax in one of our saunas or revitalize your body with stimulating workouts, using the latest weight training equipment in our state-of-the-art fitness center.

HOURS OF OPERATION

Fitness Center, Spa & Pool: please call for hours
Walk-Ins Welcome
Appointments Recommended: 609.449.6100

ADMISSION FEE

Hotel Guests \$20
Non-Hotel Guests \$30 (with Trump One® Card)

HEALTH SPA SERVICES

Men's & Women's Locker Rooms
Steam Room, Sauna & Jacuzzi
Robe & Shower Shoes
Hygienic Showers, Hair & Body Amenities
Magazine & Newspapers, Safety Deposit Boxes
Fresh Fruit, Coffee & Juices
Use of the Fitness Center

FITNESS CENTER

The Fitness Center at the Taj offers a state-of-the-art exercise facility including...
A Complete Cardiovascular Room
Nautilus Circuit & Free Weights

Cell phones and pagers must be turned off upon entering the Spa and Fitness Center. Must be 18 years of age to enter. Proper attire required for Fitness Center, including shirt and athletic footwear.

taj spa & fitness

609.449.6100

1000 Boardwalk at Virginia Avenue
Atlantic City, New Jersey 08401
-14th Floor-

trumptaj.com

TRUMP™
TAJ MAHAL
MAKE IT YOUR OWN®

T A J spa & fitness M E N U



heated indoor swimming pool

Take a swim in our large 35 x 75 foot swimming pool with depths ranging from 2 1/2 to 5 feet.

SERVICES

Complimentary use for all hotel guests (up to five people per room)
Towels, Rinsing Shower
Restrooms for Changing
Coin Operated Lockers

OUTDOOR SUN DECK

Entrance from indoor pool area



Swim at your own risk. No lifeguard on duty. Children under the age of 16 must be accompanied by an adult. Photo ID required.

additional services

SWEDISH MASSAGE

A unique blend of relaxing, light to medium massage strokes, using oils and lotions. Perfect for soothing tired muscles and stimulating circulations.

25 minutes **\$65** 50 minutes **\$95** 80 minutes **\$125**

DEEP TISSUE/SPORTS MASSAGE

A deep tissue massage designed for individuals wanting a more detailed treatment, working on specific muscle groups to aid in joint mobility and flush metabolic waste from muscle tissue.

50 minutes **\$120** 80 minutes **\$160**

AROMATHERAPY MASSAGE

A special blend of essential oils are applied, using sliding and kneading strokes and pressure point techniques that will calm stressed nerves, uplift spirits, and rejuvenate your entire body. Aromas are diffused into the air to create the perfect environment.

50 minutes **\$120** 80 minutes **\$160**

HOT STONE THERAPY

Smooth, heated basalt stones are incorporated into a relaxation and deep tissue massage using aromatic essential oils.

75 minutes **\$160**

REFLEXOLOGY

An ancient therapy using pressure points in the hand and foot to treat the body.

25 minutes **\$65**

COUPLES MASSAGE

Side-by-side Swedish massages.

50 minutes **\$190**

All services include 7% New Jersey State Sales Tax. Cancellation requires two hours notice or will be subject to full charge.

spa & salon packages

SIGNATURE PACKAGE \$520

75 minute Hot Stone Massage
Holistic phyto-aromatic radiance facial (1 hour)
Wash & Blow-dry, Manicure, Pedicure and Body Scrub

BOARD MEETING PACKAGE \$365

50 minute Body Polish Scrub
50 minute Aromatherapy Massage
One hour Facial

CHAIRMAN OF THE BOARD PACKAGE \$310

50 minute Deep Tissue Massage
Long-lasting, deep hydrating facial (1 hour)
Paraffin Manicure

CEO PACKAGE \$260

50 minute Swedish Massage
Quick fix mini facial (1/2 hour)
Manicure & Pedicure

SHAREHOLDER PACKAGE \$250

25 minute Swedish Massage
Mini-Facial (1/2 hour)
Manicure, Scalp Massage, Paraffin Treatment

EXECUTIVE RETREAT PACKAGE \$175

50 minute Swedish Massage
Manicure & Pedicure

COUPLES STYLE \$520

50 minute Couples Massage
Couples quick fix mini facial (1/2 hour)
Manicure & Pedicure for two

Spa & Salon Packages are only available Monday – Thursday

All spa and salon package prices include a 20% gratuity and 7% New Jersey State Sales Tax. Cancellation requires two hours notice or will be subject to full charge.